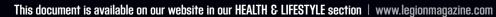
PREPARE FOR YOUR DOCTOR'S VISIT



This document is available on our website in our HEALTH & LIFESTYLE section | www.legionmagazine.com

Appointment Date:	Time:	Doctor:	
Address/Location:			
Reason for appointment:			
PROVIDE INFORMATI List all your medications, incl Or bring them with you.		d over-the-counter medicati	ons.
Medication:		Dosage:	
Describe your symptoms, whe	n they happen and how	bad they are.	
What do you hope the doctor	will do today?		

PREPARE FOR YOUR DOCTOR'S VISIT





ASK QUESTIONS	
About your condition:	
About medicines:	
About tests and procedures:	
About what the doctor thinks is the problem and what will happen in the future:	
CHECK YOUR UNDERSTANDING	
If you don't understand something, ask your doctor to repeat or clarify. Repeat the doctor's instructions in your own words	
EXPRESS CONCERNS	
l'm worried about:	
FINALLY, REVIEW WHAT YOU AND THE DOCTOR AGREED U	PON.
You will:The doctor will:	